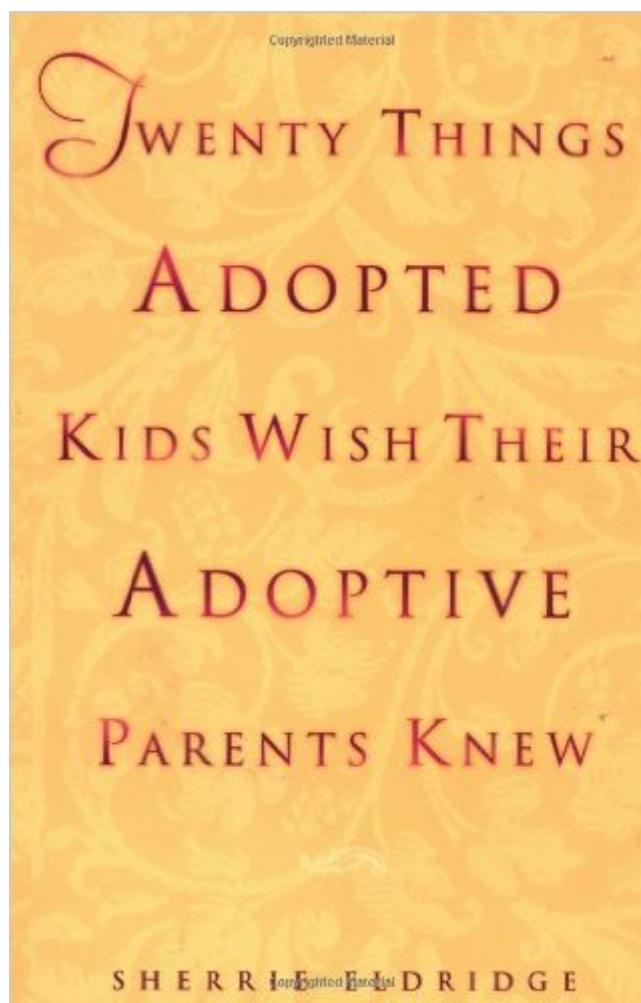


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# Twenty Things Adopted Kids Wish Their Adoptive Parents Knew



## Synopsis

"Birthdays may be difficult for me." "I want you to take the initiative in opening conversations about my birth family." "When I act out my fears in obnoxious ways, please hang in there with me." "I am afraid you will abandon me." The voices of adopted children are poignant, questioning. And they tell a familiar story of loss, fear, and hope. This extraordinary book, written by a woman who was adopted herself, gives voice to children's unspoken concerns, and shows adoptive parents how to free their kids from feelings of fear, abandonment, and shame. With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love--that he must grieve his loss now if he is to receive love fully in the future--that she needs honest information about her birth family no matter how painful the details may be--and that although he may choose to search for his birth family, he will always rely on you to be his parents. Filled with powerful insights from children, parents, and experts in the field, plus practical strategies and case histories that will ring true for every adoptive family, *Twenty Things Adopted Kids Wish Their Adoptive Parents Knew* is an invaluable guide to the complex emotions that take up residence within the heart of the adopted child--and within the adoptive home.

## Book Information

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## Customer Reviews

I am now an adult. I was adopted as an infant. This is the first time I have seen in print many of the feelings of loss and abandonment being given up created in me. These are really feelings that should be experienced, experiences that should be grieved. The author advocates for openness about adoption, which I think is the solution: Don't pretend there wasn't an abandonment (even if it

was for good reasons) and don't hide adoption like it is something to be ashamed of or over-do the opposite by labelling the adoptee "special." The weakness of this book, as others have written, is that it dwells on the negative. There is a lot of good that comes out of adoption. It is probably the most important good thing that has happened to me to help make me who I am today. And most adoptees are like me in that they are accepted into loving families who are open about the adoption and do the best they can to make it day by day. The author at times seems to be overly dramatizing the loss that adopted children feel. But this is likely intentional. This is, after all, a book about what adopted children wish their adoptive parents knew. I \*do\* wish my adoptive parents had known that the feelings of loss and abandonment would be there... I wish I could have put words to what I was feeling earlier and to have known that I was not the only person to have such feelings, that I was, oddly enough, normal. We all dealt with it, but it would have been easier for me (and I would have been a more pleasant child) had we known to expect this issue instead of waiting for me to discover it myself while exploring my anger and seeming unwillingness to get too close emotionally to anyone. So I recommend this book for adoptive parents and those considering adoption.

I would have given this book a ZERO star rating if it was possible. I am an adoptee (very happy to be one--I love my parents!) and am in the middle of the adoption process myself. I found this book to be absolutely awful. I agree w/ the other 1 star reviews that say this book is overly dramatic and overly negative. I will be speaking out often to tell any social worker or adoption agency to be very careful when they recommend this book to prospective adoptive parents. If this book is suggested to anyone----it should be with the clear message that SOME adoptees might feel some of these feelings..... but this book, in my opinion, is more of a 'worst case scenario' in how adoptees feel. It is the 'extreme' and not the norm. I kept thinking: PLEASE speak for yourself! DO NOT speak for "all adopted children". Another adoptee reviewer went as far as to say she kept wanting to tell this author to 'shut up' and as awful as that sounds....I have to agree. I felt the exact same way. And I kept reading w/ an open mind and tried and tried to 'hear her out' so to speak. I am opposed to the title because it implies all adoptees feel this way. It would be more appropriate to call the book something like "20 things some adoptive children MAY feel and would like you to know" but that is much less catchy. It would be wrong to invalidate another adoptee's feelings---they are his or hers alone. But they SHOULD NOT be applied to ALL adoptees! And this book does that. It is important for all adoptive parents to be aware of the (possible) struggles or issues that an adoptee may face. Key word is "may" face. Not everyone has such a painful adoptive experience. I certainly didn't.

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